



Outdoor Education & Personal Development

training courses delivered to Companies, Colleges, Youth and Special Needs Organisations.

Courses and activities provided at locations throughout the country

National Governing Body Award courses, MLTE, BCU, BOF, NNAS, NCA, BSCA & GNAS.

For further information on any of our Alternative Adventure courses contact:

STUART IGOE
OUTDOOR ACTIVITIES SERVICE
AND ALTERNATIVE ADVENTURE

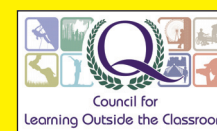
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**COURSES AVAILABLE FOR ALL AGES & ABILITIES,
FOR ALL BOOKINGS & ENQUIRIES: 01254 704898**

**FUN
SKILLS
ADVENTURE
QUALIFICATIONS**





MLTE Mountain Leader Training England

- Climbing Wall Award
- Single Pitch Award
- Summer Mountain Leader Award
- Walking Group Leader Award



BSCA British Schools Cycling Association

- Mountain Bike/ Off Road Leader Award
- Trix Award



BCU British Canoe Union

- Star Awards Kayak 1 - 4
- Star Awards Open 1 - 4
- Foundation, Safety and Rescue



ITC ITC First Aid

- 6 hour emergency first aid at work
- 16 hour outdoor first aid
- 18 hour outdoor first aid



BO British Orienteering

- Teaching Orienteering Part 1 & 2
- Young Orienteering Award
- UKCC Coaching Level



NNAS National Navigation Award Scheme

- Level 1 - Bronze Training & Assessment
- Level 2 - Silver Training & Assessment
- Level 3 - Gold Training & Assessment
- Young Navigator Award



GNAS Grand National Archery Society

- Community Sports Leader Award



BSOA British Schools Orienteering Association

- Explorer Challenge Award



Sports Leader UK

- Basic Expedition Leadership Level 3



● Archery ● Mountain Biking ● Raft Building

● X-Country Skiing ● Parachute Games ● Pot Holing

● Rock Scrambling ● Residential Courses ● Rock Climbing ● Abseiling

● Team Building Exercises ● Kayak Canoeing ● Caving

● Gorge Walking ● Canadian Canoeing ● Orienteering

● Map & Compass Skills ● Winter Skills ● Earth Ball

● Sea Cliff Traversing ● Sea Canoeing

● Adventure Days ● Problem Solving

● Mountain Rescue Exercise

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